



LATER @ LONGFELLOW

**AFTER SCHOOL PROGRAM
AT THE LONGFELLOW SPORTS CLUB**



**PARENT HANDBOOK
2012 - 2013 SCHOOL YEAR**

LATER @ LONGFELLOW

AFTER SCHOOL



Welcome to 'Later @ Longfellow,' the After School Program at the Longfellow Sports Club, Natick. This Parent Handbook provides you with not only the essential information pertaining to our program, but also general instructions which will answer your questions and help ease the transition of your child to our after school program.

We are licensed by the Department of Early Education and Care (E.E.C.) and we comply with its guidelines and regulations. We are in compliance with State and local regulations for building codes, fire laws and health and safety rules.

If at any time you have any questions or concerns, please call to talk to a staff member or myself. We are here to provide you with the best quality, after school care we can for your children.

Program Administrator
Caroline Donahue

OUR PHILOSOPHY AND GOALS

'Later @ Longfellow' is an After School Program that offers a safe and healthy environment where your child can go after school.

At 'Later @ Longfellow,' we offer a wide variety of developmentally appropriate activities: arts and crafts; basketball; swimming; fitness; yoga, team games and other small and large group activities. We also offer quiet areas for homework and free play. Children will participate in activities both indoors and outdoors in our children's playground area.

Our goal is to provide a program, which enables children to develop self-esteem, confidence and trust, while at the same time learning that fitness can suit any lifestyle and how important it is to enjoy staying healthy and active.

PROGRAM ENROLLMENT

'Later @ Longfellow' is designed to accept children in Grade K-4 from Lilja, Ben-Hem, Brown and Memorial elementary schools. We provide services to children and their families regardless of race, religion, cultural heritage, political beliefs, national origin, sexual orientation, disability or marital status.

ADMISSIONS PROCEDURE

Parents who are interested in enrolling their child in our program must first meet with the Director. The parents will be given a tour of the facility and, if in session, they are invited to observe the program in operation.

Parents will review the parent handbook and discuss important and informative issues. We ask that parents bring their child in to visit prior to enrollment. After the application form has been completed, we will discuss when your child can begin Later @ Longfellow, or place you on the waiting list until a space becomes available. We typically enroll children year-round, and require a \$50, non-refundable, registration fee.

AGE GROUPINGS/RATIO

The program accepts children in Grades K-4 (ages 5-11 years). The children will be grouped according to age and also by interest. There will be some small group activities and some large group activities.

'Later @ Longfellow' meets the E.E.C regulations regarding staff ratios. Although regulations state that ratios for an after school program should be 1:13, we strive to keep our ratios 1:6 for Kindergarteners, 1:8 for 1st & 2nd Graders and 1:11 for 3rd & 4th Graders.

HOURS AND COST

'Later @ Longfellow" is open Monday through Friday. The hours are 2:30 pm - 6:00 pm each week that school is in session. We are also open 12:00 noon - 6:00 pm when Natick schools have early release. (See 'Early Release Days.')

There is a non-refundable registration fee of \$50 per child.

2012 - 2013 MONTHLY PAYMENTS

<u>1 DAY</u>	\$175
<u>2 DAYS</u>	\$280
<u>3 DAYS</u>	\$370
<u>4 DAYS</u>	\$460
<u>5 DAYS</u>	\$550

- ❑ SIBLINGS RECEIVE A DISCOUNT OF 10%
- ❑ IND./COUPLE MEMBERS RECEIVE A DISCOUNT OF 5%
- ❑ FULL FAMILY MEMBERS RECEIVE DISCOUNT OF 10%
- ❑ EXTRA DAY: \$18
- ❑ PAYMENTS ARE BASED ON 10 EQUAL MONTHLY PAYMENTS

Please note that tuition remains the same regardless of holidays, vacations, sickness, snow closings and closings beyond our control.

Tuition is due the first of the month for the following month with a late fee of \$10 per week. Please make checks payable to: 'Longfellow Sports Club'. A two-week notice period must be given in writing if the parent wants to switch days, drop days or withdraw from the program.

2012 -2013 HOLIDAY CLOSINGS

'Later @ Longfellow' is closed on the following days:

LABOR DAY - Monday September 3rd

THANKSGIVING (& DAY AFTER) – Thur/Fri November 22nd /23rd

December Break 2012: Monday Dec. 24th 2012 – Tuesday January 1st, 2013

February Break 2013: Monday Feb. 18 – Friday Feb. 22, 2013

April Break 2013: Monday April 15th – Friday April 19th, 2013

MEMORIAL DAY 2012– Monday May 27th, 2013

We WILL be open the following days from 8 am – 6 pm. This is included in your monthly fees **BUT** you **MUST** register to reserve a spot (and bring a toothbrush & toothpaste with a **NUT FREE** lunch!)

ROSH HASHANAH – Monday/Tuesday September 17th/18th 2012

YOM KIPPUR – Wednesday September 26th, 2012

COLUMBUS DAY – Monday October 8th, 2012

TUESDAY NOVEMBER 6th – **Technology Day** - Schools Closed

VETERAN'S DAY – Monday November 11, 2012

MARTIN LUTHER KING DAY – Monday January 21st, 2013

GOOD FRIDAY - Tuesday March 29th, 2013

FRIDAY MAY 17 – No School for Kindergarteners Day!

The school calendar will be reviewed around April 25, 2012 with reference to the last day of school and any other changes.

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EARLY RELEASE DAYS

On the following dates, we will be open 12:00 noon - 6:00 PM for Early Release. There is a fee of \$30.00 if your child does not usually come on an 'Early Release Day' and you wish to sign up, as long as we have space available. NOTE:-**Sign up will have to be at least 48 hours in advance.**

Thursday September 13th

Wednesday October 17th

Thursday November 1st

Wednesday November 14th

Wednesday November 21st

Thursday December 13th

Wednesday February 6th

Tuesday March 5th

Wednesday April 3th

Tuesday April 9th

Thursday May 23rd

Last Day of School TBA

SCHOOL VACATION PROGRAMS

School Vacation Programs are available at an additional cost. Rates are \$45 per day. Health forms are required and need to be completed and returned to the office at least 7 days prior to the start of camp. The program runs from 9 AM - 4 PM.

(Extended Day hours available from 8-9 AM and 4-6 PM @ \$6/hr)

December Break 2012: Thursday and Friday December 27th & 28th 2012

February Break 2013: Tuesday February 19th – Friday Feb. 22nd, 2013

April Break 2013: Tuesday April 15th – Friday April 19th, 2013

For Summer Camp: all L @ L students receive a 20% discount of the fee IF you are returning in the fall. If you are not returning you will receive a 10% discount. Later @ Longfellow Students also receive the option to enroll in our 'Later @ Longfellow Before or After Camp Weeks' at a discounted rate if we run one!

SNOW DAYS

We will be open on snow days from 8:00 AM - 6:00 PM for **ALL CHILDREN** enrolled in our program at **NO EXTRA CHARGE**. **Parents are responsible for bringing their children to the club.** **Please pack a lunch.** Snack will still be provided. **Please remember we are a NUT FREE Zone. Call to let us know if you are coming and to make sure we have arrived at the facility!**

STORM & EMERGENCY PROCEDURES

In the event of SEVERE weather or unusual non-weather related problems, 'Later @ Longfellow' reserves the right, in consultation with the manager of the facility, to cancel or close early.

If the Governor declares a State of Emergency prior to the start of the school day, the program will be closed.

Please call us to find out if we are closed. 508 653 4633

DAILY ACTIVITIES

All our activities will promote the child's physical, intellectual, emotional and social well-being and growth. We encourage the children to make decisions regarding activities and allow them to make choices on how they would like to spend their time, safe, unhurried and flexible choices, either reading quietly, hanging out with friends or taking part in a group organized game.

We also encourage the children to bring their interests to the program and share them with others. We will offer different areas of activity in recreation and cultural enrichment. All our activities are age-appropriately developed for elementary children.

Many children sign up for swim lessons while here at Later @ Longfellow. To receive a family member discount on lessons, please call if you would like to sign up. Our staff will take your child to and from the swim lesson.

All Later @ Longfellow students receive one free session of either 'Slam Dunk' Basketball, 'Kid's Yoga' or 'Fitkids' each school year.

Community Service

Community Service is a huge part of our program. We do community projects each year. Last year we: - collected winter clothing and coats and ran a Food Drive for 'A Place to Turn' in Natick. We also held a bake sale. Community Projects make us feel good!!!

Later @ Longfellow Example Activity Plan

3:00 - 3:15:- Arrival of children. Check in. Free play with set activities (varied daily). Healthy Snack and drink.

3:30 - 4:00:- Group meeting. Time to make a choice from our selected activities for the afternoon: swim (physical activity), homework, free play.

4:15 - 5:45:- Organize into groups: projects, homework, gym time (physical activity), arts and crafts etc. Outdoor play when permitted.

5:45:- Clean up/Pack up

TRANSPORTATION PLAN

Connolly Buses, Natick, provides transportation. There are no walkers. Children who are outside of Natick and are attending the program will arrive by other means of transportation, determined and arranged by parents/caregivers. Children with disabilities will have transportation provided for by the Natick Public Schools if not able to use the same vehicle.

All buses carry first aid kits & seat belt cutters. Staff monitors carry cell phones, names and addresses of child's parents/guardians, emergency contacts; home/work telephone numbers; contact for the nearest medical emergency facility and a CPR manual in preparation of a mildly ill/seriously injured child. Drivers on the 2-way radio are to call 911 in an emergency. If the bus becomes disabled the driver will call Connolly bus for another bus to be sent out immediately.

The Staff check the children onto the bus. The driver and Staff check the bus after the children depart. The Staff also checks the children into the program inside.

Once the children leave the school, Connolly Buses will be responsible for the children on the bus until they reach Longfellow. 'Later @ Longfellow' will not be responsible for any child enrolled in the program until they step off their transportation vehicle onto the premises of 'Longfellow Sports Club'.

If a child is not at school for pick up staff will check with the school office.

Please note we have a 'Bus Conduct Policy', which will be given to parents the first week of school that addresses behavior on the bus. All accidents/moving violations will be reported to the Natick Police by the Program Administrator and all parents of children on the bus.

All children must be picked up by their parent/caregiver/persons authorized for pick up. If no-one arrives to pick up a child all contact numbers will be called. There will be no field trips at this time. If a parent needs to call during transportation time (2pm - 3pm) they must call Longfellow (Transportation Coordinator) at 508 653 4633 and they can reach us.

I understand that my vehicle is required to have a 'Later @ Longfellow Authorized Pick Up' Sticker to authorize pick up. Two stickers will be given at registration. All parents must sign a written consent form giving permission for Connolly Buses to transport their child, which is included in the Application Packet.

Staff At Later @ Longfellow

Later @ Longfellow staff has been through Orientation, had a Criminal History check that has resulted in a 'No Record', and is certified in CPR and First Aid. Most staff members are High School juniors, seniors, college students and adults. Staff is required to wear a name tag, and be a role-model to all the children in our care allowing for self-expression, self-confidence and independence and teaching respect, problem-solving and social skills.

PARENT/GUARDIAN RESPONSIBILITIES & INPUT

- The application packet must be completed and returned with the application fee before your child begins attending the program.
- If your child will **not** be attending you need to telephone us, before Noon of that day, at 508.653.4633. ***There is a \$10 charge if you do not.***
- Please send your child in suitable clothing/shoes for gym/outside play and please write your child's name on all belongings and clothing.
- It is advised that your child takes home his/her swimsuit and towel at the end of each week to be washed and brought back for the following week. Please note that the classroom is open on weekends for other events.
- On full days/Early Release Days/Snow Days, pack a nut-free lunch & a toothbrush/toothpaste.
- **Please observe the 6:00 PM pick up time.** We understand that traffic is a daily commuter issue. However, you will be charged \$1 every minute after 6:10pm regardless. Consistent tardiness to pick up your children could result in not only hefty late fees, but also an evaluation to make sure that this is the right program for your situation. **Late fees are paid in cash directly to the staff member who stays with your child.**
- If you like, you can call 5 minutes before you arrive so that we can have your child ready to leave, especially if you have younger siblings in the car. You may NOT leave your car unattended at the front entrance.
- Please notify us of any changes in address, telephone and email.
- Recycling is part of our program and materials are welcomed!
- We encourage parent input into our program. We have an open door policy and you may visit anytime. We also have a Parent Suggestion Box.
- There is a Parent Notice Board in the room. Please check your child's mailbox for information, although we now typically communicate via email.
- A Parent Conference may be requested at any time during the school year regarding your child's progress with the Program Administrator. Progress reports will be sent home in January.
- We will notify you of the following:-

- a) Immediately of any injury which requires medical care beyond minor first aid or administration of non-prescription medication.
- b) A change in staffing.
- c) Of important news and special events.
- d) If there is a communicable disease or condition that is identified.
- e) Seven days prior to any changes in program policy or procedure.
- f) Before any pets visit
- g) If the menu changes.
- h) If herbicides or pesticides are used

- We are in compliance with EEC and the contact details are below:-

E.E.C (Early Education and care) is located at:-

10 Austin Street Worcester MA 01609

Tel: 508 798 5180

Later @ Longfellow License #- 1223066

HEALTH POLICY

In order to provide the best care for your child, as well as other children in our care, and staff, we have developed the following health policy.

Prevention

The following measures are followed to help reduce the spread of infection:

1. Daily washing of equipment and cleaning of all the rooms.
2. Frequent hand washing
3. Careful snack preparation

Illness Policy

Even with preventative measures, illness still affects children in school-age care. Children that are ill require the attention and rest that can only be provided at home, while our staff cares for other children in the program.

Reasons For Dismissal or

Exclusion:

1. Fever of 101 or over
2. Diarrhea and/or Vomiting
3. Conjunctivitis
4. Lice
5. Undiagnosed rash

If a child develops these symptoms at home, the child must be kept home. A child must be 24 hours free of illness before they return.

If your child develops these symptoms at the program, you will be called. **Please come within one hour.** If we cannot reach you within 30 minutes your emergency contacts will be called.

If your child needs medication at the program you must call the Director and sign an Authorization for Medication form. **If an antibiotic is prescribed for your child, your child must be on the medication for a full 24 hours before returning to the program.**

DISCIPLINE AND GUIDANCE POLICY

This policy is based on an understanding of the individual needs and development of the child. The goals of this policy are to maximize the growth and development of the children and to protect the group and individuals.

Necessary components of our policy are:

- Having a caring staff that not only respects children, but also accepts each child as an individual and poses as a role model.
- Having a setting where counselors and children can talk and listen to each other with understanding and to encourage independence.
- Developing the child's own awareness of their behavior.
- Having the child gain a positive self-image to feel good.
- We encourage children to verbalize their feelings to help develop their self-control through understanding.
- We encourage children to make their own choices and help establish rules, procedures and policies.

Children will learn the natural consequences of their own actions and learn problem solving skills. They will learn to balance their needs and wants with those of others. We provide expectations that are clear, age-appropriate and applied in a consistent way.

Praise and encouragement are the focus of our program. Positive behavior is always noted and negative behavior is addressed and corrected in a positive manner. The Director directs corrective measures if the child's behavior is extreme or aggressive. **Our goal is to avoid suspension or termination by trying support services in and outside of the program**

Our policy does not include the use of negative, punitive measures by its staff for a child's inappropriate behavior:-

- Corporal punishment shall not be used including physical restraint.

- No child shall be subject to any cruel or severe punishment, humiliation or verbal abuse.
- No child shall be denied any basic needs as punishment.

E.E.C now requires school-age programs to complete Progress Reports, which will be completed mid-year each school calendar year to maintain communication with families and help transitions into other programs.

POLICY SUSPENSION AND TERMINATION

'Later @ Longfellow' will use the following guidelines for warnings, termination or suspending a child from the program if there has been no success in behavior management or discipline:-

- **If the safety and well being of other children in our care cannot be assured because of this child's behavior.**
- **If the health or safety of a child while at our facility cannot be assured.**
- **If the child's developmental needs are not being met.**
- **A child may be suspended if the required EEC documentation is not up to date/complete or payment is not received.**

Behavior not tolerated here at Later @ Longfellow includes: arrogant, abusive, aggressive or rude behavior in any form towards other students, staff or members.

Parents/Guardians are notified after each incident and the incident is logged. After the first written warning a telephone conversation is required. After two written warnings, a meeting is required to discuss alternate options. After a third written warning a (suspension) or 'termination' will be put into effect.

The Director will request a meeting with the parents to discuss the circumstances and other options. Parents will be given documentation with specific reasons why termination or suspension has been put into effect and if there are any conditions for returning into the program. A copy will be placed in the child's file. The Director will inform the parents of the availability of information and referral for other services within and outside of the program. If the parents are unable to meet in person, they will be sent written notification.

If parents wish to withdraw their child from the program, **a two-week notice must be submitted in writing**. If no notice is given, parents are expected to pay for their child's monthly tuition.

Prevention of Abuse and Neglect

The staff at 'Later @ Longfellow' shall protect children from abuse and neglect while in the children are in the program's care and custody. All staff members are mandated reporters and shall report suspected child abuse and/or neglect. The report shall be made to the Program Administrator in which case he/she shall report the issue to the DSS immediately.

The Licensee/Program Administrator shall call the ECC after filing a 51A report, or learning that one has been filed, alleging abuse/neglect of a child while in the care of a program.

The Licensee shall cooperate in all investigations including in the identifying of parents of children currently or previously enrolled in the program; providing consent for disclosure to the ECC of information from any person/agency and allowing the ECC to disclose any information to any person/agency the ECC may specify as necessary to the prompt investigation of allegations and protection of children. Failure to cooperate may be grounds for suspension, revocation or refusal to issue or renew a license.

The Program Administrator shall ensure that an allegedly abusive or neglectful staff member does not work directly with children until the DSS investigation is completed and for such further time as the ECC requires.

Later @ Longfellow has a written plan describing procedures for referring parents to appropriate social, mental health, educational and medical services, including dental check-up, vision or hearing screening, should the program staff feel that an assessment for such services would benefit the child.

Electronic Communication Policy

Staff are not able to use cell phones whilst on duty and are not able to text children or take pictures with cell phones or 'friend' them on any social media site. Children are not able to carry cell phones and if they have one it will be turned off and placed in their back pack. The Program Administrator or On Site Coordinator ARE able to take pictures and videos (no tags) of children for the program brochure, email newsletter, member newsletter and web page. All parents sign a consent form which is in the Parent Application Forms.