

The Longfellow Club's Adventure Race Series Presents

The



Race Details

This Indoor Adventure Obstacle course challenge is the second in our series and will be held on

On February 12th from 9-1

Obstacles will include a treadmill run, spin bikes, tires, hurdles, buckets, and many more surprises along the way

New to this Race will be adding a team and family category. Team and families must consist of 3 or more and will be an average of the finish times

The Turkey Dash participants ranged in age from 6-84.

Contact Dan Salerno for more info and to sign up

Space is limited to the first 100

**Early Registration \$35 before 1/1/12
\$45 after 1/1/12**



Longfellow's Adventure Race Series Presents



Have you heard of the Spartan Race, Warrior Dash,
or Tough Mudder?

Well this is our second in our series.
The INDOOR edition

Sunday February 12th from 9-1



Included in your registration
fee are 4 complimentary
Prep Sessions to get you
ready for the event. EACH
ADDITIONAL PREP SESSION
WILL BE \$5 DONATED TO
OUR CHARITY

**Session Starting
JAN 2ND**

Contact Dan Salerno for more information and to sign up
508-653-4633 or danielp_salerno@yahoo.com

Price
\$65 registration fee
\$45 with member discount

\$35 if you sign up before
1/1/12



THE HEARTBREAKER Registration Form

Name _____

Address _____ zip _____

*Phone _____ Age _____

*Email _____

**Team/Family name if competing in that event

Ideal start time between 9am-1 _____

Payment of _____ cash _____ check _____ cc _____



Longfellow
Sports Club

Healthy Mind Body Planet